

## Observation Form - Performance Checklist

### Introduction:

This checklist has been specifically created to measure performance of the dance steps in the "Swamp Thing" country line dance, which will be the dance learned in both treatments. It is to be filled out by the researcher(s) while viewing the video recorded segments for each participant. Individuals will be observed and checkmarks placed in the appropriate boxes to denote successful completion of each item under Performance Criteria. Checkmarks will be tallied, 1 point per checkmark, to give each participant a final score.

### Explanation of Dance Sequence:

The entire dance has been divided into segments of 4 or 8 counts, and the participants will be graded on each segment of steps.

Count 1 to count 40 is ONE cycle. After count 40, the dance starts over again at count 1 where the dancer performs the entire sequence over again. Cycles are continued until the end of the music is reached. For our purposes, each participant will be graded on his or her performance for FOUR cycles of the dance sequence. Just grading on one full cycle will not give a true picture of how well the participants perform. On the checklist, within each dance segment, will be 4 marks, denoting the 4 cycles the subject danced through.

Note: The counts listed in the segment boxes denote the count at which point that segment of steps finishes.

To complete the checklist, the researcher will start at Forward Rocks and then work down the first column measuring if each performance criteria was met. Then the researcher will move to the next segment of steps, Side Steps, and work down that first column of checkboxes to again measure the performance criteria. The example below shows a sample form, completed up to halfway through the first cycle.

Subject	Performance Criteria	Dance Sequence					
		Forward rocks Count 8	Side steps Count 16	L. Grapevine Count 24	R. Grapevine Count 32	Side steps/claps Count 36	1/2 turn Count 40
5	Facing correct wall	1	1	1	1		
	Correct set of steps	1	1	1	1		
	Using correct feet	0	0	1			
	Correct timing	1	0	0			
	Correct direction	0	0	1			
							<b>TOTAL:</b>

The following example shows what a complete form would look like, with ALL FOUR cycles being taken into account:

Subject	Performance Criteria	Dance Sequence						Total Score
		Forward rocks Count 8	Side steps Count 16	L. Grapevine Count 24	R. Grapevine Count 32	Side steps/claps Count 36	1/2 turn Count 40	
10	Facing correct wall	1 0 0 0	1 0 0 0	1 0 0 0	1 0 0 0	1 0 0 0	0 0 0 0	5
	Correct set of steps	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	24
	Using correct feet	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	24
	Correct timing	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	24
	Correct direction	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	1 1 1 1	0 0 0 1	21
							<b>TOTAL:</b>	<b>98</b>

Note how there are 4 numbers within each dance segment, and each 1 point is added up to give the subject a final score.

## **Number Assignment Distribution**

These numbers correspond to the survey data.  
All numbers listed below completed that specific lesson.

### **Incahoots Group Lesson**

1  
2  
3  
7  
8  
9  
11  
12  
13  
14

### **Online Individual Lessons**

10  
15  
16  
17  
18  
20  
21

Subject	Performance Criteria	Dance Sequence						Total Score
		Forward rocks Count 8	Side steps Count 16	L. Grapevine Count 24	R. Grapevine Count 32	Side steps/claps Count 36	1/2 turn Count 40	
	Facing correct wall							
	Correct set of steps							
	Using correct feet							
	Correct timing							
	Correct direction							
							<b>TOTAL:</b>	<b>0</b>
	Facing correct wall							
	Correct set of steps							
	Using correct feet							
	Correct timing							
	Correct direction							
							<b>TOTAL:</b>	<b>0</b>
	Facing correct wall							
	Correct set of steps							
	Using correct feet							
	Correct timing							
	Correct direction							
							<b>TOTAL:</b>	<b>0</b>
	Facing correct wall							
	Correct set of steps							
	Using correct feet							
	Correct timing							
	Correct direction							
							<b>TOTAL:</b>	<b>0</b>